# How to run an Away Day at home

A DOWNLOAD FROM SARAH & LEILA

## WHAT'S AN AWAY DAY?

A good Away Day is an opportunity for a company to reconnect with their values and for staff to bond with one another. Getting out of the office and into an inspiring environment can change your mindset, triggering some creative and innovative thinking.

So it's kind of a shame we can't have them at the moment. Or can we?

### HOW TO GET AWAY AT HOME

The home Away Day presents different opportunities to the traditional workplace one. Home is great for relaxation, comfort and familiarity. Use these in tasks.

## 1) Don't try to do too much

Don't make it a whole day. Don't make them do it all on screen. Use texts or Whatsapp creatively, focus on fun and imagining exciting futures for yourselves and your business.

## 2) Get everyone off the keyboard

Use your authority for good. If you're in charge, set some tasks to get everyone exploring their house, outdoor space or immediate neighbourhood in a new way.

## 3) Let them rest

Give them an open-ended problem, then send them off to watch some telly for half an hour. Or lie with their eyes closed. Or have a bath. Your permission means a lot: chances are they'll come back feeling a bit more creative.

#### ACTIVITY IDEAS

#### + REVEALING OBJECT

Everyone takes 10 minutes to find an object in their house that has some significance to them. They come back to the call (or text in) and tell a story about the object in two minutes, in a way that reveals something about them that their colleagues didn't know.

#### + DIFFERENT USE

Everyone takes 5 minutes to find some small object from a different room. The group then take it in turns to explain what the object does. The twist is, of course, they're not allowed to describe its real use! Ideas can be fanciful but should make some kind of internal sense.

#### + THE WHAT/HOW/WHY RINGS

Everyone draws three concentric circles. In the central one they write 'WHY', in the middle one 'HOW' and in the outer one 'WHAT'. Without policing it, let them write the what, how and why for the company. Then get them to repeat the exercise for themselves and see if their answers overlap with the company at all. (If you don't have a mission statement, this is a great way to get started on one). This can all be done offline, with pics of the circles snapped and shared on whatsapp.

#### + LIFE-DRAWING CLASS

Everyone draws their colleagues as they see them, bringing out their finest qualities.

## FILL IN ON SCREEN OR BY HAND

WORK-RELATED SHARING

ACTIVITY IDEAS

SKILLS TO FOCUS ON